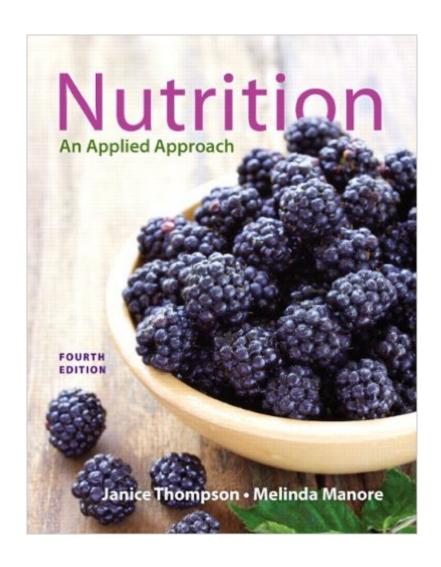
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Nutrition: An Applied Approach (4th Edition)





Synopsis

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standalone product; MasteringNutrition does not come packaged with this content. If you would like to purchase both the physical text and MasteringNutrition search for ISBN-10:

0321908740/ISBN-13: 9780321908742. That package includes ISBN-10: 0321910397/ISBN-13: 9780321910394 and ISBN-10: 0321956737/ISBN-13: 9780321956736. MasteringNutrition is not a self-paced technology and should only be purchased when required by an instructor.

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Customer Reviews

It was optional to have this for my online fundamental of human nutrition class this semester, but I'm so glad that I went ahead and got it. There is so much straight-forward information packed into this book and it is very informative. Unlike other boring textbooks, this one is filled with information that is actually relative to everyone's life and it isn't boring to read.

it came quickly with all the pages, and since I needed it for my major, i ended up buying it. Some things the class doesn't teach you later on are in here, such as 'diets' and planning to eat for pregnancy.

Bought this book because I needed it for my nutrition course. I really loved the lay out of it.

Everything was easy to find and in a logical order. I used it on my tablet for the semester and didn't have a problem with it. The design elements were well placed througout and the visuals were appealing. It did a great job of breaking up texts with diagrams. A great book of basics for visual learners.

Very happy and satisfied with my purchase of my new book. The book came in great condition with no damages and had a speedy delivery date. It looks like a great book. It has a lot of pictures and images inside. As a visual learner, I really appreciate when a textbook has these for students to see. Overall, very happy and satisfied.

Heads up, access code does not come with book. I would have spent way less money (\$70 to be exact) because you are led to believe that purchasing a brand new book will entitle you to an access code. Not until the very bottom, do you see the fine print. As usual. Next time state up front that no access code comes with it

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